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Further reading Procrastination. Steel, Piers (2010). The Procrastination Equation: How to Stop Putting Things Off and Start Getting Stuff Done.

Procrastination - Wikipedia

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Life is never easy with a monkey in your head. Note: To best understand this post, you should first read Part 1 of Wait But Whyâ€™s previous post on procrastination. PDF: We made a fancy PDF of this post for printing and offline viewing. Buy it here. (Or see a preview.). Back in high school, if you had asked me if I was a procrastinator, I would have said yes.

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Passive-aggressive behavior - Wikipedia

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Best Summary + PDF: Tools of Titans, by Tim Ferriss

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SuperMemo: Incremental learning

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20 Tips on How to Prioritize Work and Meet Deadlines

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