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realm of the material elements. They are visionary colors, perfectly pure, clear, and luminous, like a rainbow seen within the heart. Emptiness is the realization that nothing has a permanent, substantial, independent existence of its own. Since this is so, since nothing is fixed and static, there is infinite potentiality and dynamic transformation.

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Luminous Emptiness is valuable in making the root text more meaningful and suggestive. It succeeds in enlivening our appreciation of the immense possibilities which we are offered now, moment to

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luminous emptiness is a book of Buddhism. It is used as a guide to help understand the Tibetan book of the dead and does a fantastic job doing so. It makes sense of the all the things that might not come clearly to westerners and people looking at Buddhism for the first time.

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The nature of mind is the unity of awareness and emptiness ... In order to lead living beings to understanding ... This Basic Space is pregnant luminous emptiness, the unity of emptiness (shunyata) and the clearlight luminosity (â€œod gsal). In Dzogchen, the innermost secret

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Fremantle worked closely with ChÃ¶gyam Trungpa on the 1975 translation of the Tibetan Book of the Dead (Shambhala). [1] Her 2001 revised combination of a translation of excerpts is embedded within an extended commentary on the Tibetan Book of the Dead, entitled "Luminous Emptiness" (Shambhala).

Francesca Fremantle - Wikipedia

Luminous Emptiness: understanding the Tibetan Book of the dead. Boston, MA: Shambhala Publications ISBN 1-57062-450-X Griffin, Mark (2008) The Bardo Thodol â€œ A Golden Opportunity.

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